

Casualty Services

Casualty Services is the initial point of contact in the case of the death of a military member, their dependent or retiree. We assist & advise in the application of all military benefits.

Exceptional Family Member Program (EFMP) Family Support (FS)

Provides resources for special needs families, education & adult/family resiliency events. Sign up for monthly eNews at 22FSS.EFMP.mcconnell@us.af.mil

Military Family Life Counselors (MFLC)

Confidential, non-medical counseling (no records kept) for issues such as improving relationships at home and work, stress management, adjustment difficulties, parenting, and grief or loss.

Adult MFLC (Janet Cox) 316-350-0665
MXG/OG (Mike Gillette) 316-358-1706
LRS/SFS/CES (Sandy Ellis) 316-932-4014
Child/Youth (Bryon Bush) 316-519-3580
School (Nancy Rasmussen) 316-243-7773
School (Tamara Bailey) 316-570-2538

Volunteer Resource Program

Volunteer opportunities on and off base.

- To sign up as a volunteer email 22FSS.AFRC.Volunteers@us.af.mil
- McVIP (Volunteer Incentive Program)

ADDITIONAL PROGRAMS

M&FRC has details on these programs:

- Kansas Job Service-316-759-4040
- VA Benefit Advisor-316-213-0196
- Air Force Families Forever (AFFF)
- Gold Star Family Program
- Survivor Benefit Program
- Food Pantry
- Wounded Warri

M&FRC Staff

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Accredited Financial Counselor

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Receptionist

Total Force Integration
931st ARW (AF Reserve)/M&FR

Susan Smith
Program Manager, 316-759-6372

TSgt Klarise Delong
TAP Backlog Counselor, 316-759-2157



The McConnell AFB Military & Family Readiness Center (M&FRC) is here to assist with:

Air Force Aid & Food Pantry

Casualty Service/Survivor Benefits

Exceptional Family Member Program

Personal/Family Readiness

Personal/Family Work Life

Personal Financial Counseling

Relocation Assistance

Retirement/Separation

Transition/Employment

Spouse Employment

Volunteer Resources

Mon – Fri: 0730-1630
Bldg 732 -- Phone: 316-759-6020
www.refuelmccconnell.com

Personal/Family Readiness

Provides awareness on family matters before, during and after deployment.

- Communication Resources
- Hearts Apart – Monthly to include a meal & activity
- Deployment Briefings
- Little Heroes Program
- Operation READ (videos of deployed parents reading stories)
- Operation REST (personalized pillowcases for families of deployed members)
- “My Hero” Dolls (for children of deploying parents)
- Give Parents a Break

Transition/Employment

Assistance

Assists those separating or retiring from the Air Force in preparing for the transition to civilian life.

- Career Counseling
- Educational Opportunities
- Individual Transition Plans
- Job Fair
- Resource Center
 - Education Resources
 - Life Skills Resources
 - Job Listings
 - Internet Access
 - Resume Programs/Resources
- Resume Class & Review
- Small Business Workshop
- Spouse Career Network
- TAP Seminar (5 day transition seminar)

Personal Financial Management Program (PFMP)

Provides a variety of financial planning services through personal financial counseling.

- Basic Investing/TSP
- Budgeting
- Buying/Selling a Home
- Car Buying
- Credit Report Review
- Credit Management
- Consumer Protection
- Debt Liquidation
- FTAC/Officer Financial Training
- Money Management

Air Force Aid Society (AFAS)

Provides emergency assistance (for active duty and retired members) for housing, utilities, auto repairs, etc. AFAS also funds a variety of community enhancement programs for Air Force families. www.afas.org

- Bundles for Babies
Free “gift card” for those attending the Great Expectations seminar
- Child Care for PCS
Provides up to 20 hours free child care before and after PCS
- Give Parents A Break
Free childcare (4 hours per month) for deployed spouses or those experiencing stress. Obtain referrals from Chapel, M&FRC, & First Sergeants

School Liaison (SL) Office

SL Office is located in the Dole Community Center - 316-759-3326

Greg Martin, SLO Manager
gregory.martin.43@us.af.mil

Relocation Assistance Program

Provides Relocation Services to military members leaving & arriving at McConnell.

- **Family Services – Mon/Wed/Fri 1000-1400 & Tue/Thur 1300-1700 Bldg 732**
 - Airman's Attic (E-5 & below)
 - School Supply Giveaway
 - Girl Meets Dress
 - Loan Closet (household goods)
 - Layette Program (for new parents, E-5 and below)
 - Teddy Bear Program (for seriously ill children)
- Individual Relocation Plan
 - Moving Planners/Maps
 - Relocation Guides
 - Plan My Move (information on base and community)
- Smooth Move (moving seminar)
- Sponsor Training

Personal and Family Work Life

Links individuals/families with the right resources to meet their specific needs.

- Crisis Assistance
- On-base/Off-base Resources
- Family Life Education Classes
 - Dads 101
 - Couples Communication
 - Great Expectations (for expectant parents)
 - Military Spouse 101: New Spouse Orientation
- Key Support Liaison/Training
- Needs Assessment and Program/Resource Referral



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