

Community Resources

Airman & Family Readiness

Center.....316-759-6020

Chaplains.....316-759-3562

Dept. of Children and Families..316-337-7000

Domestic Abuse Victim Advocate

Emergency Line316-395-1701

Family Advocacy Program.....316-759-5768

Harbor House Domestic

Violence Shelter.....316-263-6000

Mental Health.....316-759-5091

Military Family Life

Consultant.....316-759-6020

Military One Source.....800-342-9647

National Domestic Violence

Hotline.....800-799-7233

National Suicide Prevention

Lifeline.....800-273-8255

Sexual Assault Response

Coordinator.....316-759-3048

TriCare Nurse Advice Line.....800-874-2273

WIC.....316-660-7444

Wichita Family Crisis Center.....316-263-7501

Find solutions **FAST** before serious problems arise!

Completely Voluntary
NO notification to command
NO documentation in medical records

FAP/FAST Staff:

Capt. Dawn Hardwick: Family Advocacy Officer

Frances Waldren: Treatment Manager

Alisa A. Norlin: Intervention Specialist

Vacant, Victim Advocate

Jenifer L. Dillinger: NPSP Nurse

Diana Dubose: Program Assistant

Family Advocacy Program
22 MDG/SGOW
57950 Leavenworth Street, Suite 6E4
McConnell AFB, KS 67221-3605

Phone: 316-759-5768 or x5095
Fax: 316-759-5240
DSN: 743-5768

FAST

**Family Advocacy
Strengths-Based
Therapy**
COUPLES ♥ FAMILIES



*Building healthy Air Force
Families through prevention,*

316-759-5768

Family Advocacy Personnel Are Here To Strengthen and Support Families

The Family Advocacy Program (FAP) is dedicated to providing treatment, intervention and education to help prevent and eliminate partner and child maltreatment. As a benefit to military members and their families, we provide a variety of services to enhance relationship skills and improve quality of life.

One of the great programs we offer is **FAST!!**

FAST = SHORT TERM
FAST = PREVENTION

The best way to take care of issues is BEFORE they get out of hand.



Family Advocacy Strength-Based Therapy (FAST)

⇒ **FREE!**

This is a service for military members and their family. Marital counseling is not covered by Tricare and will result in out of pocket expenses.

⇒ **SHORT-TERM (6 Months or less):**

No commitment! Some people need two sessions, some people need more. The length of service is up to what you and your partner need and want!

⇒ **GOAL-DIRECTED:**

We work with the purpose of building healthier relationships and stronger families. We work with the goals that you and your partner agree on to manage difficult situations and skill-build in your relationship/family.

⇒ **NO COMMAND INVOLVEMENT (except in cases where harm to self or others, substance issues or maltreatment has been identified):**

You may personally request FAST services for yourself and/or family. Referrals may also come from unit leadership, medical providers, and personnel from other agencies

⇒ **FAST services are voluntary, are NOT considered a maltreatment case, and NO record of services will be documented in your official medical record.**

Services Include

- ◇ **Couples/Marital counseling** focusing on relational issues such as:
 - Communication
 - Conflict resolution
 - Building trust
 - Building support systems

◇ **Parent education**

◇ **Stress Management Education**

◇ **Anger Management Education**

◇ **Referral services**

◇ **Crisis intervention**

FAST/FAP provides services based on psychosocial assessments and intervention planning developed in collaboration with the family members which include goals, objectives, interventions/activities and outcome measures. Evaluation of FAST services monitors its effectiveness in order to maintain





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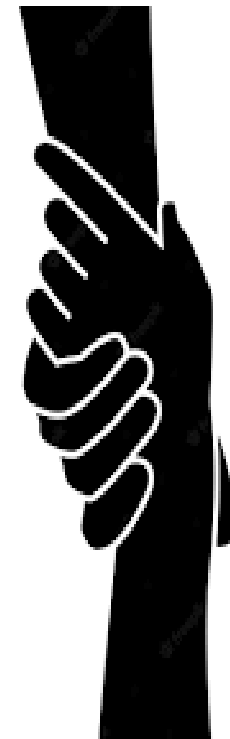
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Resource Guide for Survivors of Abuse and Neglect

Help
Support



Adult Partner Physical Abuse

Physical force includes but is not limited to:

Pushing, shoving, slapping, grabbing, poking, hair-pulling, scratching, pinching, restraining, shaking, throwing, biting, kicking, hitting with fist, or ANY other object, scalding, burning, poisoning, stabbing, applying force to throat, cutting off air supply, holding under water, or using a weapon.

Adult Partner Emotional Abuse

Non-accidental act or acts (excluding acts of physical and sexual abuse) such as:

- Berating, disparaging, and/or humiliating the victim
- Interrogating victim
- Restricting victim's ability to come and go freely
- Obstructing victim's access to assistance (including but not limited to: law enforcement, legal, Military ID, protective or medical resources)
- Threatening victim
- Harming, or indicating that offender will harm, people/things that victim cares about
- Restricting victim's access to or use of economic resources
- Stalking victim
- Trying to make victim think that she/he is crazy (or make others think that partner is crazy.)

Adult Partner Sexual Abuse

Corroboration of the report is NOT required.

- The use of physical force to compel the intimate partner to engage in a sex act against his or her will, whether or not the act is completed.
- The use of a physically or emotionally aggressive act to coerce a sex act. An attempted or completed sex act involving an intimate partner who is unable to provide consent.
- Physical contact of a sexual nature not meeting the above criteria but that (a) is against the expressed wishes of the intimate partner and (b) causes considerable distress to the intimate partner that lasts for more than 24 hours.

NO RESTRICTED REPORT IF LAW ENFORCEMENT OR CHAIN OF COM-

RESTRICTED

UNRESTRICTED

Confidential report made to a healthcare provider, FAP staff, Domestic Abuse Victim Advocate, Military One Source or SARC.

Report will not trigger investigation process; Command will not be notified.

Medical and emotional needs can be addressed without giving up confidentiality.

Allows victim time and more control of the release and management of their personal information

Victim can receive services from Family Advocacy.

WHO CAN MAKE A DOMESTIC VIOLENCE RESTRICTED REPORT?

A victim who is:

- Active Duty Member
- Family Member (18 years of age or older)
- Willing to establish a safety plan
- Eligible to be seen in the Medical Treatment Facility (MTF)

Any domestic abuse/violence report made through normal reporting channels:

- Chain of Command
- Law Enforcement
- AFOSI
- Healthcare Provider
- SARC
- FAP Staff
- Military One Source
- FAP Victim Advocate
- Neighbor
- Co-Worker
- Schools
- Child Protective Services

Victim can receive services from the Family Advocacy Program.

WHO CAN MAKE A DOMESTIC VIOLENCE UNRESTRICTED REPORT:

- Victim
- Active Duty Military
- Law Enforcement
- Neighbors/friends
- Any military or civilian



Community Resources

Family Advocacy Program.....	316-759-5768
Military Family Readiness Center.....	316-759-6020
Chaplains.....	316-759-3562
Child Advocacy Center.....	316-660-9494
Dept. of Children and Families.....	316-337-7000
Harbor House Domestic Violence Shelter.....	316-263-6000
Mental Health.....	316-759-5091
Military Family Life Consultant.....	316-759-6020
Military One Source.....	800-342-9647
National Domestic Violence Hotline.....	800-799-7233
National Suicide Prevention Lifeline.....	800-273-8255
Sexual Assault Response Coordinator.....	316-759-3048
TriCare Nurse Advice Line.....	800-874-2273
WIC.....	316-660-7444
Wichita Family Crisis Center (DV Shelter).....	316-263-7501
(& Shelter) Crisis Line.....	316-267-7233



Child Physical Abuse

The non-accidental use of physical force on the part of a child's caregiver. Physical force includes but is not limited to: spanking with hand, dropping, pushing, shoving, slapping, grabbing, poking, hair-pulling, scratching, pinching, restraining, shaking, throwing, biting, kicking, hitting with fist, or ANY other object, scalding, burning, poisoning, stabbing, applying force to throat, cutting off air supply, holding under water, and using a weapon.

Child Emotional Abuse

Non-accidental act or acts (excluding physical and sexual abusive acts) such as:

- Berating, disparaging, humiliating child
- Threatening child (implying future physical harm, abandonment, sexual assault)
- Confining child
- Scapegoating child
- Coercing child to inflict pain on him/herself
- Disciplining child excessively

Child Neglect

Egregious act(s) or omission(s) on the part of the child's caregiver that deprives the child of needed age-appropriate care such as: lack of supervision, exposure to physical hazards, educational neglect, medical neglect, deprivation of necessities, and abandonment.

Child Sexual Abuse

- Non-contact exploitation: Forcing, tricking, enticing, threatening or pressuring a child to participate in acts for anyone's sexual gratification without direct physical contact between child and offender.
- Rape: Use of physical force, emotional manipulation, or a child's youth or naiveté to engage in Penis-vula or penis-anus penetration (of child, perpetrator, or both), however slight.
- Other sexual assault: Physical contact of a sexual nature between child and perpetrator not involving penis-vulva or penis-anus penetration.

(AF Family Advocacy Program Family Maltreatment Definitions)



Need to talk?

Call the MFLC

The Military & Family

Life Counseling

Program supports

service members and

their families with

non-medical

counseling. Services

are confidential and

private, except for

duty-to-warn

situations.

Adult MFLCs

Janet Cox 316-350-0665/ Bldg 732 @ M&FRC

Mike Gillett 316-358-1706 (OG Bldg 840 & MXG Bldg 1125)

Sandy Ellis 316-932-4014 (SFS Bldg 840, LRS Bldg 1220, CES Bldg 695)

Child/ Youth MFLC

Bryon Bush 316-519-3580 (Child/Youth) Office in CDC, Youth Center,

and School Age Program

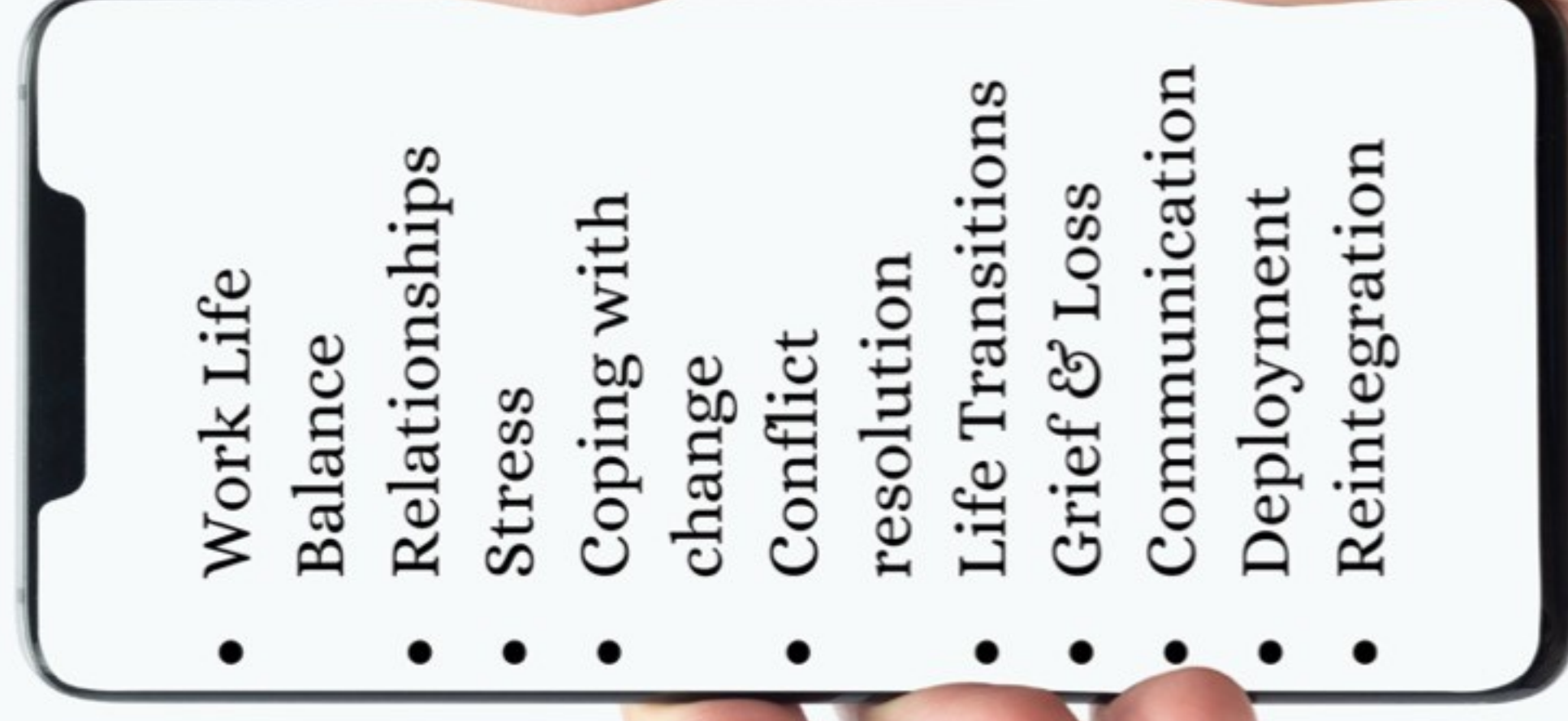
In-School Child MLFCs

Nancy Rasmussen 316-243-7773 Wineteer Elementary

Tamara Bailey 316-570-2538 Derby Middle, Derby North, Derby HS

Perry Malzahn 571-341-0586 Tanglewood Elem-Mon, Wed, Fridays

Park Hill Elem- Tues, Stone Creek Elem-Thurs

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- Work Life Balance
 - Relationships
 - Stress
 - Coping with change
 - Conflict resolution
 - Life Transitions
 - Grief & Loss
 - Communication
 - Deployment
 - Reintegration

