

Community Resources

Airman & Family Readiness

Center.....316-759-6020

Chaplains.....316-759-3562

Dept. of Children and Families..316-337-7000

Domestic Abuse Victim Advocate

Emergency Line316-395-1701

Family Advocacy Program.....316-759-5768

Harbor House Domestic

Violence Shelter.....316-263-6000

Mental Health.....316-759-5091

Military Family Life

Consultant.....316-759-6020

Military One Source.....800-342-9647

National Domestic Violence

Hotline.....800-799-7233

National Suicide Prevention

Lifeline.....800-273-8255

Sexual Assault Response

Coordinator.....316-759-3048

TriCare Nurse Advice Line.....800-874-2273

WIC.....316-660-7444

Wichita Family Crisis Center.....316-263-7501

Find solutions **FAST** before serious problems arise!

Completely Voluntary
NO notification to command
NO documentation in medical records

FAP/FAST Staff:

Capt. Dawn Hardwick: Family Advocacy Officer

Frances Waldren: Treatment Manager

Alisa A. Norlin: Intervention Specialist

Vacant, Victim Advocate

Jenifer L. Dillinger: NPSP Nurse

Diana Dubose: Program Assistant

Family Advocacy Program
22 MDG/SGOW
57950 Leavenworth Street, Suite 6E4
McConnell AFB, KS 67221-3605

Phone: 316-759-5768 or x5095
Fax: 316-759-5240
DSN: 743-5768

FAST

**Family Advocacy
Strengths-Based
Therapy**
COUPLES ♥ FAMILIES



*Building healthy Air Force
Families through prevention,*

316-759-5768

Family Advocacy Personnel Are Here To Strengthen and Support Families

The Family Advocacy Program (FAP) is dedicated to providing treatment, intervention and education to help prevent and eliminate partner and child maltreatment. As a benefit to military members and their families, we provide a variety of services to enhance relationship skills and improve quality of life.

One of the great programs we offer is **FAST!!**

FAST = SHORT TERM
FAST = PREVENTION

The best way to take care of issues is BEFORE they get out of hand.



Family Advocacy Strength-Based Therapy (FAST)

⇒ **FREE!**

This is a service for military members and their family. Marital counseling is not covered by Tricare and will result in out of pocket expenses.

⇒ **SHORT-TERM (6 Months or less):**

No commitment! Some people need two sessions, some people need more. The length of service is up to what you and your partner need and want!

⇒ **GOAL-DIRECTED:**

We work with the purpose of building healthier relationships and stronger families. We work with the goals that you and your partner agree on to manage difficult situations and skill-build in your relationship/family.

⇒ **NO COMMAND INVOLVEMENT (except in cases where harm to self or others, substance issues or maltreatment has been identified):**

You may personally request FAST services for yourself and/or family. Referrals may also come from unit leadership, medical providers, and personnel from other agencies

⇒ **FAST services are voluntary, are NOT considered a maltreatment case, and NO record of services will be documented in your official medical record.**

Services Include

◇ **Couples/Marital counseling** focusing on relational issues such as:

- Communication
- Conflict resolution
- Building trust
- Building support systems

◇ **Parent education**

◇ **Stress Management Education**

◇ **Anger Management Education**

◇ **Referral services**

◇ **Crisis intervention**

FAST/FAP provides services based on psychosocial assessments and intervention planning developed in collaboration with the family members which include goals, objectives, interventions/activities and outcome measures. Evaluation of FAST services monitors its effectiveness in order to maintain

