Casualty Services

Casualty Services is the initial point of contact in the case of the death of a military member, their dependent or retiree. We assist & advise in the application of all military benefits.

Exceptional Family Member <u>Program (EFMP) Family</u> Support (FS)

Provides resources for special needs families, education & adult/family resiliency events. Sign up for monthly eNews at 22FSS.EFMP.mcconnell@us.af.mil

Military Family Life Counselors (MFLC)

Confidential. non-medical counseling (no records kept) for issues such as improving relationships at home and work, stress management, adjustment difficulties, parenting, and grief or loss.

> Adult MFLC (Janet Cox) 316-350-0665 MXG/OG (Mike Gillette) 316-358-1706 LRS/SFS/CES (Sandy Ellis) 316-932-4014 Child/Youth (Bryon Bush) 316-519-3580 School (Nancy Rasmussen) 316-243-7773 School (Tamara Bailey) 316-570-2538

Volunteer Resource Program

Volunteer opportunities on and off base.

- To sign up as a volunteer email 22FSS.AFRC.Volunteers@us.af.mil
- McVIP (Volunteer Incentive Program)

ADDITIONAL PROGRAMS

M&FRC has details on these programs:

- Kansas Job Service-316-759-4040
- VA Benefit Advisors-**316-213-0196**
- Air Force Families Forever (AFFF)
- Gold Star Family Program
- Survivor Benefit Program
- Food Pantry
- Wounded Warrior

M&FRC Staff

Mary Reece Flight Chief

Dong Kim Lead Community Readiness Consultant Accredited Financial Counselor

> **MSgt Stephanie Hartley** Family Readiness NCOIC

Dale Johnson Community Readiness Consultant 22d Operations Group/Ft. Riley

Lesley Hall Community Readiness Consultant Accredited Financial Counselor 22d Maintenance Group

Kate Gonzales Community Readiness Consultant Accredited Financial Counselor 22d Mission Support Group

Alex Rector Community Readiness Consultant 22d Medical Group/22d Wing Staff Agencies

> Meredith Ortiz EFMP-FS Coordinator

Jeff Gaines Casualty Services & SBP Counselor

Stephanie Horocofsky Community Readiness Specialist

Samantha Nigliazzo Community Readiness Specialist

Bruce Brinkman Certified Financial Counselor

Naori Indalecio Airman's Attic/ Loan Closet Coordinator

> Tina Steventon Receptionist

<u>Total Force Integration</u> 931st ARW (AF Reserve)/M&FR <u>Susan Smith</u> Program Manager, 316-759-6372

TSgt Adrienne Woods TAP Backlog Counselor, 316-759-2157



The McConnell AFB Military & Family Readiness Center (M&FRC) is here to assist with:

Air Force Aid & Food Pantry

Casualty Service/Survivor Benefits

Exceptional Family Member Program

Personal/Family Readiness

Personal/Family Work Life

Personal Financial Counseling

Relocation Assistance

Retirement/Separation

Transition/Employment

Spouse Employment

Volunteer Resources

Mon – Fri: 0730-1630 Bldg 732 -- Phone: 316-759-6020 www.refuelmcconnell.com

Personal/Family Readiness

Provides awareness on family matters before, during and after deployment.

- Communication Resources
- Hearts Apart Monthly to include a meal & activity
- Deployment Briefings
- Little Heroes Program
- Operation READ (videos of deployed parents reading stories)
- Operation REST (personalized pillowcases for families of deployed members)
- "My Hero" Dolls (for children of deploying parents)
- Give Parents a Break

Transition/Employment

Assistance

Assists those separating or retiring from the Air Force in preparing for the transition to civilian life.

- Career Counseling
- Educational Opportunities
- Individual Transition Plans
- Job Fair
- Resource Center
 - Education Resources
 - Life Skills Resources
 - Job Listings
 - Internet Access
 - Resume Programs/Resources
- Resume Class & Review
- Small Business Workshop
- Spouse Career Network
- TAP Seminar (5 day transition seminar)

Personal Financial Management Program (PFMP)

Provides a variety of financial planning services through personal financial counseling.

- Basic Investing/TSP
- Budgeting
- Buying/Selling a Home
- Car Buying
- Credit Report Review
- Credit Management
- Consumer Protection
- Debt Liquidation
- FTAC/Officer Financial Training
- Money Management

Air Force Aid Society (AFAS)

Provides emergency assistance (for active duty and retired members) for housing, utilities, auto repairs, etc. AFAS also funds a variety of community enhancement programs for Air Force families. <u>www.afas.org</u>

- <u>Bundles for Babies</u> Free "gift card" for those attending the Great Expectations seminar
- <u>Child Care for PCS</u> Provides up to 20 hours free child care before and after PCS
- <u>Give Parents A Break</u>
 Free childcare (4 hours per month)
 for deployed spouses or those
 experiencing stress. Obtain referrals
 from Chapel, M&FRC, & First
 Sergeants

School Liaison (SL) Office

SL Office is located in the Child Development Center - 316-759-3326 Greg Martin, SLO Manager gregory.martin.43@us.af.mil

Relocation Assistance Program

Provides Relocation Services to military members leaving & arriving at McConnell.

- Family Services Mon/Wed/Fri 1000-1400 & Tue/Thur 1300-1700 Bldg 732
 - Airman's Attic (E-5 & below)
 - School Supply Giveaway
 - Girl Meets Dress
 - Loan Closet (household goods)
 - Layette Program (for new parents, E-5 and below)
 - Teddy Bear Program (for seriously ill children)
- Individual Relocation Plan
 - Moving Planners/Maps
 - Relocation Guides
 - Plan My Move (information on base and community)
- Smooth Move (moving seminar)
- Sponsor Training

Personal and Family Work Life

Links individuals/families with the right resources to meet their specific needs.

- Crisis Assistance
- On-base/Off-base Resources
- Family Life Education Classes
 - Dads 101
 - Couples Communication
 - Great Expectations (for expectant parents)
 - Heartlink New Spouse
 Orientation
- Key Spouse Program/Training
- Needs Assessment and Program/Resource Referral

Follow us on Facebook and Instagram @McconnellMilitaryandFamilyReadinessCenter